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PelhamNEWS

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■ ART: Three-day show

Pelham Art Festival opens

PelhamNEWS Staff

A Mother's Day weekend tradition continues today with the opening of the 26th annual Pelham Art Festival.

The three-day art show at the Pelham Arena opens at 7 p.m. with the gala evening.

It includes live entertainment, light buffet and cash bar.

Admission is \$8 or \$10 for a weekend pass.

The festival with more than 65 artists displaying works for show and sale in a wide variety of media continues Saturday and Sunday from 11 a.m. to 5 p.m.

Single day admission for Saturday and Sunday is \$5.

In addition to the arts display it includes live entertainment and food from the Salvador Deli.

Proceeds from the festival go to the Pelham Public Library and community art projects.

■ BRUCE MACRITCHIE: Welland Aero Centre hopes to offer diploma course

'Like a magic carpet'



ALLAN BENNER Staff Photo

Welland Aero Centre president Bruce MacRitchie hopes to start a partnership with Niagara College to offer diploma courses to students who receive their commercial pilot training. For the story, see Page 6.

■ COUNCIL

Water meter conversion story a hit

WAYNE CAMPBELL
PelhamNEWS Staff

The town's water meter conversion story is so good, staff are taking it on the road.

This week they will tell it to the Ontario Water Works Association convention in Niagara Falls.

Treasurer Carl Pupo, in a report to town council Monday, reviewed the conversion from hand-written cards of readings on old meters to radio frequency automatic meter reading technology.

As a result, she said the town has improved customer service, changed billings to every two months from four, and reduced water loss to 8% from over 20%.

"Complaints have all but disappeared since the new meter program has been completed," she said.

"Residents are receiving accurate, timely billings and exceptional customer service as a result of the meter equipment capabilities."

The project to replace 3,100 meters began in 2010 with the last of the commercial replacements done in early 2012.

see COUNCIL | page 2

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upfront

■ COUNCIL

Pelham story featured at water works convention

FROM PAGE 1

Under the old system, it would take 15 days for a contractor to physically walk up to homes to read meters, jot information down on cards and submit the cards to town hall. There staff would input the information on the cards into a computer.

At homes without outdoor meters, yellow cards were left for the homeowner to fill out. They had to be returned to town hall. If they weren't, the water bill was estimated from previous bills.

Under the new system, town staff can read radio frequency meters with a hand-held device in one day. It automatically enters information into the system's computer.

The equipment can also detect leaks, backflow, tampering and log data.

By using mass voice calling, town staff can alert homeowners as well.

Pupo said the town has moved to pro-active customer service from reactive response to complaints.

The most recent billing identified potential leaks in 45 homes," she said.

"These residents were contacted by mass voice calling providing them with information on how to check for the leak and where to obtain more information."

Of the 45 homes, 15 customers called town hall to say thanks.

Mass voice calling—something Pupo said she picked up on when she received a call from her daughter's school—has become a tool for the town.

It's used to alert residents to problems and remind them of unpaid bills. The calls have reduced postage costs and encouraged payments.

The town has made e-billing available for water bill payments.

The conversion program to new meters uncovered unknown problems, said Pupo.

Installers from Neptune Technology Group found meters that were never billed, were altered or were bypassed.

"This included 100,000 cubic metres worth of usage that was not billed which equates to over \$120,000 worth of revenues," she said.

The project's success has been reported in Neptune's in-house magazine and in *Environmental Science and Engineering Magazine*.

Town councillors congratulated staff for the success of the conversion.

Ward 1 Coun. Richard



WAYNE CAMPBELL Staff Photo

Community and infrastructure services director Al Mannell, centre, receives a certificate marking his 25 years of service to the Town of Pelham from Ward 2 Coun. Catherine King and Mayor Dave Augustyn during Monday night's town council meeting. Mannell was recently appointed director after serving as acting director and engineering manager. He is the 21st member of the 25-year club since the recognition was created. Some earlier members have retired.

Rybiak said he hopes it will eventually lead to lower water rates.

Mayor Dave Augustyn said

the reduction of the 20% water loss should influence water rates in the 2013 water budget.

He also thanked homeowners for their co-operation, which made the installation process smooth and

quick.

wayne.campbell@surmedia.ca

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■ **FOOD:** Ivor McCarthy officially opens ninth season of Pelham Farmers Market

Lifelong farmer gets things started

WAYNE CAMPBELL
Pelham/NEWS Staff

As a farmer, Ivor McCarthy has spent a lifetime at farmers markets.

In 1948, when he was 16, he remembers his first drive to one in Niagara Falls from his family farm on Lakeshore Dr. in Niagara-on-the-Lake.

"I had a Model-T Ford," he said about carrying produce in it.

McCarthy, 96, who now lives in Fenwick on Balfour St., has grown a wide variety of crops.

"Whatever was selling at the time," he said.

Last week, while Anne Durst of Bry-Anne Farms and Fred Arbour of Klager's Meats held the ends, McCarthy used a scythe to cut through a burlap ribbon to officially open the 2012 Pelham Farmers Market.

This is the ninth year for what has become a popular market.

When it began, the evening market was considered unusual. Most farmers markets are in the morning.

The evening hours were to serve Pelham's commuting residents as well as local farmers. They also sell at morning farmers markets in Welland, Port Colborne, Niagara Falls and St. Catharines.

The format has proven so successful, said Bev Yungblut, that the market was listed by residents on the next few weeks to draw people during the early growing season period.

For the opening day, it handed out cloth Pelham Farmers Market bags to shoppers and held a draw for Pelham Cares.

Yesterday it featured a fundraiser and information session for the Canadian Diabetes Association.

It gave out flowers to each mother for Mother's Day.

The Fenwick Lions Club tied into the diabetes event. It held a flower sale for one of its major charities, Camp Huronia, a summer camp for children with type 1 diabetes.

"We are raising \$150,000 for a learning centre at the camp," said Fenwick Lion Alton Beamer, who is the Lions volunteer diabetes chair.

Next week the farmers market becomes the site for the start of the 8th annual Mayor's Walk. It starts at 6 p.m. to promote the use of trails in the town. The event will include prizes and draws.

The Pelham Active Transportation Committee will sponsor the walk and have a display to outline its program at the market.

It promotes walking and cycling through activities such as the Pelham Walking Club, which has a series of walks from the Fonthill bandshell, Pelham Arena and Fenwick's Maple Acre library. Schedule is on the town's website, www.pelham.ca.

Other events coming to the farmers market include:

- A Kids Can Grow day on May 24. Children will receive pumpkin seeds and instruction on how to grow them at home. Later in the season they will be invited back for a weigh-in of the pumpkins they produce.



WAYNE CAMPBELL Staff Photo

Veteran farmer Ivor McCarthy, 96, slashes through a ribbon of burlap with a scythe to officially open the 2012 season of Pelham Farmers Market Thursday. The 4:30 p.m. to dusk Thursday evening market runs until Oct. 25 at the Pelham Municipal Building parking lot in Fonthill.

- Weaver's Guild display and demonstration on May 31.
- 2nd annual Pelham Summerfest on July 19.
- Tasty salsa contest on Sept. 13.
- Fire prevention display on Oct. 11.
- Fall harvest festival on Oct. 18.
- Final day of the season

on Oct. 25.
Starting on Thursday, June 21, the farmers market will share the Pelham Town Square with the Fonthill Bandshell Thursday Night Concert series. It runs to the Sept. 6. Those attending the concerts stop at the market.

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ON THE MARKET

The Pelham Farmers Market has 21 vendors for the 2012 season.

- Roxanna Bowman of Bow-Ridge Farms, plants, herbs, apples, pears.
- Bev Yungblut, Greenview Farms – Juice of Kings, bottle grape juice, grapes in season.
- John Kukoly Fruit Farm, cherries, plums, apples, pears, grapes, vegetables.
- Nicola Colangelo, Colangelo Farms, seasonal fruit and vegetables.
- Howell Family, baked goods, strawberries, sweet corn.
- Beverly Langley, Harkwood Farms, fruit, jams, vegetables, honey, soap, crafts, candles.
- Fred Arbour, Klager's Meat and Produce, barbecued burgers, sausage, bacon, wieners.
- Pete Muelleboom, Muelleboom Greenhouses, tomatoes, seed-less cukes.
- Dave Honey, Honey Valley Farms, grapes, juice, jam, fruit, salsa.
- Alison Heinrich, Alison's Creations, baked goods, handmade jewelry.
- Aafke Bokma, The Flower Man, cut flowers and potted plants.
- Beth Secord, Mathias Farms, sweet cherries, raspberries, plums, pears.
- Beamer Greenhouses, veggie and flower plants, planters and baskets.
- William Van Vliet, Upper's Lane Acres, snap peas, lettuce, leeks, garlic hot peppers.
- Dan and Leo DeVries, DeVries Fruit Farm, peaches, apples, pears and nectarines.
- Kevin Echlin, The Smokin Buddha, international dips, sauces, samosa, antejitos.
- Bryan and Anne Durst, Bry-Anne Farms, strawberries, raspberries, corn, potatoes, tomatoes, peppers, squash, pumpkins, pies.
- Rachel Haymes, Natures Corner Bakery/Cafe, artisan breads, pies, baked goods, organic fair trade coffee.
- Richard Harvey, Harvey's Organic, honey, beeswax, candles, comb honey, soaps.
- Jean Molloy, Chocolate Expressions, chocolate products from fruit and wine of Niagara.
- Pauline Shriner, Shriner's Creek Kettle Corn, 14 kettle corn, four caramel corn.

Pelham NEWS

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perspective



Wayne Campbell
EDITOR

Airport idea can fly

Bruce MacRitchie, who runs a flight training program at the Niagara Central Airport, wants to tie it to Niagara College.

It's an idea with wings.

For his business it makes sense. It will increase its stability.

For Pelham, it makes even more sense. The airport is an asset.

For us to stay in the business and hope to be able to train pilots in the commercial corporate and airline field, we believe the writing is on the wall. We are going to have to have a college program to be able to continue with what we've been successful in doing over the years," he said in an interview with reporter Allan Benner.

"What we have here is a respected college, an underutilized airport, my community and this has been for 30-plus years, we have all the approvals from Transport Canada, from the Ontario College's Act, we have the trained people, the airplanes and the ability to expand to be able to do whatever we need to do."

He said the mayors of the four communities the airport borders are supportive.

Pelham, Welland, Port Colborne and Welland should be. The airport has the potential to fly us into the future.

It's always had a flight training role ever since it was built as part of the Commonwealth Air Training Plan during the Second World War. It turned out fighter and bomber crews.

After the war, Pelham's Flying Housewife, Dorothy Rungeling became the first female to qualify as a commercial flight instructor in the 1950s. She came and energy saved the airport then.

And for more than 30 years MacRitchie has started military, commercial and recreational pilots on their way.

An evolution from a college aviation program seems a natural. It would raise the profile of the airport and attract the improvements it needs.

comment Food issues in Niagara

Several food related issues have come up at the Niagara Region and, while they are separate issues, they are certainly connected to each other.

The first food item came up at the Public Health and Social Services Committee when we received the 2011 Nutritious Food Basket report.

Former columns have been devoted to this topic as public health staff regularly review prices at a number of food stores to determine the cost of providing nutritious food for a family of four and other household configurations.

Costs rose \$12.12 for a family of four from the comparable 2010 figures. That is a cost of \$180.82 which is slightly higher than the provincial average of \$177.83. Committee passed a motion requesting the chair of the Board of Health write to the Minister of Health and Long Term Care to request the province to develop a comprehensive Ontario food and nutrition strategy.



Brian Baty
REGIONAL
COUNCIL VIEW

Cost is not the only factor with food. The nutritious value of the food purchased must be taken into account as well.

At the broadest level, a food policy should examine the fundamental economic barriers related to adequate incomes and the understanding that the two basics of survival; housing and food should not have to compete with each other for limited funds.

There also needs to be a coordinated ability of growers to grow, distribute and sell their produce in an effective and efficient agri-food system. This is where another committee, the Integrated Community Planning Committee, developed a Local Food Action Plan in September 2009 and a Greater Horseshoe Agriculture and

Farming Plan in September 2011 through the Agricultural Task Force committee.

Poverty has been an ongoing item of discussion around our committee tables and a report called "Poverty and Healthy Eating" was tabled in February, 2010.

While I often provide columns in support of the great work done by our staff in each of our eight Long-Term Care facilities, I marvel at their ability to provide a varied and nutritious diet to our residents for the meager provincial allocation of \$7.52 per day!

That includes three meals, snacks, beverages and supplements. Try to determine your own daily budget for all these items and see how close you can come to the \$7.52 limit.

Finally, I wish to credit our Regional Chair Gary Burroughs, Coun. Ronna Katzman, Coun. Henry D'Angelo and his daughter for registering with a local food bank to get a better understanding of the workings of our food banks and the incredible stressors

that come with planning a food schedule for a long period of time with very limited resources.

They have pledged to completely adjust their food consumption for a period of time to better understand the challenges faced by the folks who require the use of food banks.

No Tim Horton's coffee stops, no burger stops, no pizza ordered in; they will only eat what they get from the shelves at the food bank!

They plan to communicate with the public about their findings and I will share their insights in a future column. That way, we may be better able to obtain a more generous response from our citizens to contribute when a call goes out from our food banks including Pelham Cares.

Brian Baty is a Niagara Regional Councillor for the Town of Pelham, co-chair of the Public Health and Social Services Committee, a member of the Integrated Community Planning Committee, and a member of the Agricultural Task Force. E-mail him at brian.baty@niagararegion.ca

We want your input about new hospital

Last Thursday, Dr. Kevin Smith, the provincially-appointed supervisor of the Niagara Health System (NHS), presented an interim report regarding restructuring of the Niagara Health System.

Smith's 23 recommendations ranged from undertaking a national search to recruit a chief executive officer and a chief of staff, to establishing a patient advisory committee to ensure patient-centred care, to re-establishing an interim board of directors with "skills based" members.

Several of his recommendations dealt with facilities. Smith recommended that in addition to the St. Catharines site currently under construction, the NHS should construct a new general acute care hospital as well as a free standing urgent care centre in "South Niagara" and close the existing facilities in Port Colborne, Fort Erie, Niagara Falls, Welland, and Niagara-on-the-Lake. Smith



Dave Augustyn
MAYORAL VIEW

estimated that this preferred option would cost \$879 million in capital, but would "save" \$9.5 million in annual operating expenses (on annual budget of \$410 million).

He also showed that a revitalized status quo — three acute care and ER sites (GNH, St. Catharines, Welland), three complex care sites (NOTL, Fort Erie, Port Colborne) and two urgent care centres (Fort and Port) — would cost \$883 million in capital upgrades and "save" only \$2 million in more efficient operations.

The hybrid option — two acute care and ER sites (GNH, St. Catharines), one ambulatory and urgent care centre (Welland) and two complex care sites (Fort and Port) — would cost \$1,165 million

in upgrades and "save" \$2.8 million in operations.

Smith stated that the consolidation in his preferred option leads to a "critical mass of clinical activity" simplifies physician and staff coverage, and better attracts health-care "leaders".

Finally, he recommended that the "Mayors of the Southern Tier" with input from the Regional Chair" recommend to him the locations for the new hospital and the stand-alone Urgent Care Centre in the "South".

He suggested that "population density and access" be the primary considerations in our recommendation. (Please see www.niagarahospital.ca/ a supervisor for your copy of the report.)

While I look forward to working with my mayoral colleagues, I want to hear directly from you regarding this matter. (I will also seek input from town councillors at our May 22 meeting.)

What additional criteria do you think should be considered in our mayoral recommendation?

Should we include other costs like the impact on the regional health program, costs for new transportation infrastructure, or costs for water and waste water servicing enhancements?

What about the impact on communities, or travel times for visitors, or the impact on allied health professionals (specialists, pharmacists)?

What is the priority or ranking of these criteria?

Are there other considerations? I am very interested in hearing your views; please e-mail me directly at mayordave@pelham.ca or leave a message for me at Pelham Town Hall. You can also e-mail Smith directly with your suggestions at nhssupervisor@gmail.com.

You may read Mayor Dave Augustyn's past columns at www.pelhammayordave.blogspot.com.

■ COLUMN

Red hot market in April



Cathy Berkhout-Bosse
REAL ESTATE VIEW

Residential home sales in Pelham for the month of April spiked 82% above last year's level.

According to the MLS statistics of the Niagara Association of Realtors there were 20 residential sales reported in Pelham compared to April 2011's total of

11 transactions.

Sales of higher end inventory are on the rise skewing our local monthly average price to disproportionately high levels.

Thirteen of the properties that sold (65%) achieved a sale price of more than \$300,000 resulting in an average sale price for the month of \$350,750. Last April the average price of homes sold was \$327,081.

In the longer term perspective the local market in now beginning to out pace 2011 activity levels. At 60 transactions year-to-date, activity levels are trending 13% above the 53 sales recorded during the same time frame last year.

The average number of days on the market for year-to-date sales is 89 – a marked improvement from last year's figure of 107. The 12 month average price as of April 30, stands at \$319,515 up 1.65% from \$314,126 at April 2011 month end.

April was a banner month across Niagara with region wide sales increasing 11.2% compared to the same month last year. The average price for the month of \$230,017 remained virtually at par with the \$230,033 recorded in April 2011. The average number of days it took to sell a Niagara home during the month of April fell from 63 days to 59.

The monthly results in our neighbouring City of Welland remained consistent with last year's activity levels as 71 residential sales were reported – the exact same tally as April 2011.

With 255 sales recorded year-to-date, market results in the Rose City are 3.2% ahead of last year. The 12 month average price of \$181,567 is 1.0% higher than last April's figure of \$178,626.

Cathy Berkhout-Bosse is a Real Estate Broker and Communications Strategist living in Pelham. You may read past columns at www.NiagaraRealtySourceReport.com

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■ PROFILE

Teaching pilots to spread their wings

ALLAN BENNER
PelhamNEWS Staff

It was Bruce MacRitchie's older brother who inspired his love for flying.

Douglas MacRitchie, who was 10 years older than Bruce, earned his wings as an aircraft mechanic working with the Royal Canadian Air Force.

"He infected me with the bug," MacRitchie said. That was 57 years ago, and Bruce MacRitchie hasn't looked down since. He's since spent more than 8,000 hours in the cockpits of numerous planes and helicopters.

In 1980, Douglas died in a plane crash in Lake Ontario, while he was teaching his plane to Fort Erie.

"He was coming down to help me work on a restoration project," MacRitchie recalled. The loss of his brother didn't diminish MacRitchie's love for the sky. He climbed into his own plane the next day to help the search for his brother's downed plane.

"My daughter asked me,

'How can you go out and fly, knowing he died in his air plane yesterday?' I said, 'I'd get into a car if he had a car accident. What's the difference?'"

MacRitchie instead took steps to ensure his brother's memory would live on. As a director of the War Plane Heritage Museum in Hamilton, MacRitchie established an award in Douglas' memory for a volunteer in the maintenance restoration program. He also set up an bursary award for students at Centennial College in Toronto. That award has been handed out annually for more than 30 years.

"To me, aviation is like a magic carpet. Even now, I fly along and say, 'You lucky son of a gun.' Here you are sitting there, looking down at the world. It's fantastic."

As the president of the Welland Aero Center, MacRitchie has dedicated much of his career to trying to pass that bug on to other new pilots, infecting them with a love of flying.

MacRitchie said the Welland

Aero Center has trained about 600 pilots over the years and many have gone on to successful careers of their own. Bill Chernish, who earned his licence in 1980, earned the rank of captain with Airtran Airways in 2004; Allan Lees, who earned his wings in 1985 and spent several years as an instructor at the Welland Aero Centre is now a captain with Air Canada; Mike Pupo, who only started his pilot training in 1996, was hired as a first officer with Jazz Airlines a little more than a year ago; and

Larry Golla, who was only 15 years old when he first walked through the doors of the Niagara Central Airport, is now a fighter pilot, flying CF-18 Hornets for the Canadian Armed Forces.

Now MacRitchie hopes to infect many more people with that bug, pointing out in the years to come, the world is going to need a lot of qualified pilots. Boring estimates that in the next 20 years, the world's airlines will need nearly 500,000 pilots.

"What they are looking for is pilots who come out of a three- or four-year degree course, or a diploma program which is a two-year diploma."

MacRitchie hopes to partner with Niagara College to make that happen. He has a meeting set up with the college this week to discuss the possibility.

We have the trained people, the airplanes and the ability to expand to be able to do whatever we need to do."

Bruce MacRitchie

"For us to stay in the business and hope to be able to train pilots in the commercial corporate and airline field, we believe the writing is on the wall. We are going to have to have a college program to be able to continue with what we've been successful in doing

over the years," he said.

"What we have here is a respected college, an under-utilized airport, my company that's been here for 30-plus years, we have all the approvals from Transport Canada, from the Ontario College of the Arts, we have the trained people, the airplanes and the ability to expand to be able to do whatever we need to do."

He said the mayors of the four communities the airport borders are supportive of the initiative and Welland Mayor Barry Sharpe, a retired Niagara College administrator, helped arrange the meeting with the college.

Although a university program might be preferable in many industries, MacRitchie said that's not the case with pilots. A pilot who graduates from a four-year university program is ready to enter the job market with a commercial pilot's licence. A pilot who graduates from a two-year college course graduates with the same licence, but then they can spend the next two

years working for a small flight school or carrying skydivers into the air.

By the time the university student graduates, he said the college graduate will already have 1,200 hours of flight time to their credit, a big advantage in the industry.

"To be an airline transport pilot you need a total of 1,500 hours."

MacRitchie said Graham Wilson, the Welland Aero Center's current flight instructor, is getting paid while earning more than 500 hours of flight time a year.

"In a couple years, combined with what he had when he graduated from college, he'll be really close to being able to write his airline licence and, a short time after that, he'll be able to be truly employable at that level," he said.

"In my business, we say, 'Welcome aboard. When are you leaving?' because we know that they're just here to fill their logbook, make a buck and go to the next journeyman-type operation."



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■ SCIENCE SENSATIONS



WAYNE CAMPBELL Staff Photo

Grade 7 students Andrew Cramp, left, and Reese Ashbee flank Grade 5 student Pooya Senthil holding the Glynm A. Green science trophy. This was the second year the school held a science fair. The three brought back prizes from the Niagara Regional Science and Engineering Fair.



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- Belly fat measured by DEXA-SAF group lost up to 9.4% belly fat.
- Adiponectin: Levels of this important belly fat hormone increased an average of 20.3%.
- Fasting glucose: SAF significantly decreased fasting glucose.

These results were obtained with no modifications to study participants' exercise or diet regimen.

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THE DR. OZ SHOW

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■ **CATHOLIC BOARD:** Eighth session with elementary parents

Dress code meeting far from uniform in views

WAYNE CAMPBELL
PelhamNEWS Staff

WELLAND — A lack of uniform opinion generated a lively three-hour exchange on the future of an elementary school dress code last week.

In the eighth and last public meeting at Notre Dame College School about 150 people listened as Niagara Catholic District School Board staff outlined a proposal to bring a standardize dress style to elementary schools across the board.

For about an hour, director of education John Crocco and superintendent of education Frank Innannantuono

presented an outlined of the draft proposal.

They touched on the tradition of uniforms in Catholic schools, a sense of equality they generate, the difference between high school uniforms and a standardized dress code for elementary schools, costs at other school boards, and use of T-shirts and other "spirit wear" in many elementary schools.

Crocco also played videos of high school students talking about uniforms and elementary students about "spirit wear."

Then for two hours parents from Welland and Pelham elementary schools, in the Notre Dame family

of schools, questioned, opposed or supported the idea.

While students at all eight Niagara Catholic high schools wear uniforms, elementary school students have followed a dress code guiding a variety of clothing.

The suggested change would put junior kindergarten to Grade 8 students in standardize dress. They would be less elaborate than those of high school students and they would be consistent across the board.

Hamilton Catholic School Board has students dressed in blue and white.

Crocco stressed that it is just a proposal. The eight meetings were designed

to draw opinions and suggestions. He and his staff will present a report to the Catholic school board in June.

If accepted, the new dress code would go into effect in September 2013.

Currently, only Hamilton and Toronto Catholic school boards in Ontario have uniforms in elementary schools.

A St. Ann parent, Sarah Van Der Lee of Fenwick, questioned why this was not put to a vote by parents as a similar suggestion for uniforms was in 2006. That one was roundly defeated in most schools.

see **DRESS CODE** | page 9



WAYNE CAMPBELL Staff Photo

These four students, front from left, Lucas Bishop and Kate Bishop with Elise Cardamone, left, and Vanessa Lefebvre in back, model styles of elementary school uniforms at Notre Dame College School Wednesday. They have been at all eight public meetings held by the Niagara Catholic District School Board for elementary school parents.

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■ DRESS CODE

Eighth meeting stirs up more concerns

FROM PAGE 8

Citing figures from the Niagara Region's Niagara Prosperity Initiative, she said many Niagara families fall below the poverty line.

She drew applause when she said this was no time to switch to uniforms.

A St. Alexander parent Rosemary Herr has a special needs child.

She said it will cause distress getting her daughter ready for school on a day-to-day basis. Her daughter likes to choose her own clothes to fit her mood.

"This is not a battle this parent chooses to fight," she said about forcing her daughter into a uniform.

A St. Augustine parent called the board's presentation one-sided.

"A lot of people are unhappy with this, will the squeaky wheel get the grease?" he asked about whether the report will reflect concerns.

A St. Augustine teacher Melissa Heil has three of her four children in the school.

She was in favour of uniforms. It would save her money and limit fuss over what children want to wear.

Many people in favour of uniforms weren't at the meeting because they thought it was a "done deal," she said.

I felt like I've been sold a used car. I don't see why all this is happening, we already have a dress code."

Cathy Ryan, parent

The parent of three Holy Name children said the evening was turning into "a Jerry Springer show."

"We should put some faith in the trustees" to make an informed decision.

People should make their voices heard by e-mailing the board and talking to trustees, she said.

Lynnette Gillies, chair of St. Ann parent council, said the school community raised money for its spirit ware so everyone could afford it. The uniform debate was driving a wedge into the community.

Monique Mastroianni, an Alexander Kuska parent, said her young daughter had experience wearing uniforms at Maple Crest School and she liked it.

The design she said should be kept simple and able to take wear and tear.

Meredithe Fuller of St. Ann commenting on clothes shown by student models during the evening said "they do not lend themselves to rough and tough play."

While the board may say the dress code will be a barrier to attendance, families that cannot come up with the money will be too proud to ask for help and move to another board.

A Port Robinson mother who children had to switch to Notre Dame said she did

get help from the school with uniform costs.

A St. Alexander mother Cathy Ryan questioned why the suggestion is even being made.

"I felt like I've been sold a used car," she said. "I don't see why all this is happening, we already have a dress code."

A St. Kevin father thought there were better ways to spend the school board's money than have senior staff sitting around in a



Crocco

room vesting opinions on uniforms.

Lana Read of Holy Name said she came to the meeting against the idea now she was 100% in favour of it.

Gerald Cote, "with four kids at Alexander Kuska" suggested bringing it in stages by grades rather than putting it on a family all at once.

Crocco, looking back on the eight meetings, said the Notre Dame gathering saw more concerns brought out than some of the others.

It had a more questions about the policies and about what was presented.

He said each of the eight meetings was unique to the communities that they

serve.

"We are getting some very good recommendations."

He said there will be modifications to the draft proposal.

A staff committee going over the many recommendations received from the eight meetings and other sources.

A final report will go the board in June.

Crocco said will be up to the eight trustees to make the final decision on a standardize dress code.



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Marshalling starts: 6:00pm Bethany Christian Reformed Church, Balfour Street, Fenwick

Parade Starts: 7:00pm sharp

Parade Ends: Centennial Park, Church Street, Fenwick (site of the Carnival)

LIABILITY: The Lions Club of Fenwick expects the CONTACT PERSON signing the entry form to be legally responsible to the safe operation of the parade unit and proper, safe conduct of the participants.

Contact:
Fred Disher, Parade Chair
PO Box 1152, Fonthill, L0S 1E0
905-892-3025 fgdisher@bell.net

Darren Crowe
Parade Co-Chair
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■ **PUBLIC MEETING:** Speaker from provincial coalition at May 16 session

Anti-poverty roundtable seeks wealth of tips

WAYNE CAMPBELL
PelhamNEWS Staff

WELLAND — Strategies to fight the war on poverty will be on the roundtable at a May 16 meeting later this month.

On Wednesday, May 16, Michael Skajlin, executive director of the Interfaith Social Assistance Reform Coalition, will speak to the recently formed Community Roundtable. Presenters about techniques the ISARC has developed. The 7 p.m. meeting at Central United Church's Fellowship Hall is

open to anyone interested in the effects of poverty on community in Welland and on the province.

ISARC is a provincial network of faith groups working together for greater social justice.

The coalition tries to contribute to new public policies based on justice and dignity for Ontarians marginalized by poverty. It's built on the common belief among all faiths of have duty to help our neighbours.

Before the Ontario budget came down, ISARC organized Prayers for Prosperity,

an interfaith vigil at Queen's Park to put the spotlight on poverty.

During the 2011 provincial election, ISARC co-ordinated an information campaign called "Vote for a Poverty-Free Ontario" with its own version of election signs.

Community legal worker Mary Beth Anger Sheffield, who is with Community Roundtable on Poverty, said Welland and Niagara is facing a growing poverty problem fuelled by job losses and more than 25 years of underfunding to those on disability, social services and other sup-

port programs.

Rates for those on welfare and disability are just getting back to where they were 20 years ago, she said. Meanwhile, inflation has steadily increased the cost of everything frustrating those on low incomes.

"We have to find ways to be collaborative," she said about dealing with the effects of poverty.

"We're looking for solutions within the community. You cannot wait around for help

from government, and that's all levels of government."

Tighter federal, provincial and municipal budgets will simply increase the effects on the health of those in poverty.

A lack of food will make children poorer students as they fall behind.

Inability to buy nutritional food will damage the health of adults increasing their exposure to disease and other health issues.

It also affects their ability

to find jobs and keep them. A dentist pointed out people with bad teeth are unlikely to get hired for retail work because their smiles don't look good, she said.

Meanwhile, with plant closings and layoffs in Niagara, "we have more people chasing the same number of jobs."

The solutions to dealing with the effects of poverty "have to come from us," she said.

"We have to find other ways not funded by government."

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Sunday, May 13th

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■ pelhambriefs

LIGHTS, CAMERA, ACTION

Pelham fired up its new audio-video system for Monday's town council meeting.

Voice-activated microphones and a new speaker system made for clearer sound in the council chambers.

"The audio component of the new sound system seemed to work very well last night," town clerk Nancy Bozzato said Tuesday.

"We are very pleased to be able to ensure that interested residents present in the gallery are better able to hear the deliberations."

The video of council and committee meetings are not ready for the airwaves yet.

"A little tweaking is still needed on the video component of the system," she said.

"We hope to upload council and committee meetings to our website after the May 22 meeting."

Council and committee meetings will be uploaded to the town's website, www.pelham.ca, the day after regular council meetings once the bugs are worked out.

They will be in the same section of the website as agendas and minutes, she said.

MOMENT OF SILENCE

PELHAM – Town council opened Monday's meeting with a moment of silence in memory of Mark Ferrotte, the town's manager of public infrastructure.

He died suddenly at work on April 26 at age 54. He was employed by the town for four years.

Mayor Dave Augustyn said he was instrumental in setting up an in-house fleet technician for vehicle maintenance and repairs, coordinating numerous infrastructure improvements which helped bring safety and security of town assets to current standards.

Ferrotte was a dedicated volunteer fire fighter in Fort Erie for over 30 years earning rank of District Chief at Fort Erie's Fire Station No. 1.

Augustyn he was honoured by both the Fort Erie and Pelham fire departments at his funeral with a triple ring of a fire bell for a fallen firefighter.

PARK PARTY PROTEST

Town council received a letter from Lori Kleinsmith requesting better surveillance and deterrent measures to ensure the safety of town playgrounds.

A large loud party on Friday April 13 took over the playground at Harold Black

Park. The noise led her to call the police.

"I went back to the park early Saturday morning and was dismayed to find a large amount of broken glass strewn around the playground area – there was glass on the benches, bike rack area, on the pathway, grass and even the Astroturf," she wrote.

Town staff cleaned up the area.

"This total lack of respect for one of our beautiful children's playground is very disturbing."

Council received her letter and referred it to its staff for a report.

CANCER FUNDRAISER SATURDAY

PELHAM – Town council waived a booking fee for Pelham's Pathway to the Cure event to benefit the Canadian Cancer Society's Niagara Bench this Saturday.

It will include a five kilometre fund run and a one kilometre around the block walk starting in Pelham Peace Park in Fortville.

The event will run from 9 a.m. to noon with same day registration.

It will include a barbecue, music and activities for children.

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■ REGION: One French, one English

Region waxes poetic over local poetry

For PelhamNEWS

The winners of the Niagara Region's Poetry Contest were announced last week at a Niagara regional council meeting.

By virtue of its designation as a Cultural Capital of Canada for 2012 and in recognition of National Poetry Month, Niagara Region sponsored this contest for Niagara writers.

Entries came from a diverse range of contestants throughout Niagara.

Two winners — one for a poem in French, one in English — were selected.

Both poems use rich imagery to evoke a vision of Niagara that is simultaneously familiar and fresh.

The winning poem in English, "Layers of Limestone," was submitted by Thorold poet Keith Inman.

Inman is an award-winning, self-described "blue collar poet" whose work has appeared in literary journals across Canada and in Ireland, and in his two books of poetry.

Kim Van Stygeren submitted the winning poem in French, entitled "Je Vis ici."

Van Stygeren has also worked as a sculptor, illustrator, furniture builder, photographer and musician. Niagara

has been her home for 20 years.

As winners of the contest, Inman and Van Stygeren each received \$175 and read their poems aloud at regional council.

The poetry contest was one of many exciting events going on in Niagara that celebrate the region's vibrant and artistic creative community during this Cultural Capital of Canada year.

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■ SWIMMING: Strong shows

Garden City Aquatic Club in the Money

For PelhamNEWS

The Garden City Aquatic Club (GCAC) recently competed in the Victor Davis Memorial Cup in Queh.
The following are the top results:

• Jasmyn Traboulay-Drach, 10 (St. Catharines) = 18th-200m Back, 10th-100 Breast

• Mara Di Persio, 11 (Fonthill) = 3rd-100m Free (WOSA Qualifier), 11th-200m Back (WOSA Qualifier), 7th-100m Breast, 3rd-100m Fly (WOSA Qualifier), 2nd-100m Back (WOSA Qualifier), 12th-200m Free (WOSA Qualifier)

• Bailee Huebert, 13 (St. Catharines) = 15th-100m Breast, 16th-100m Fly, 11th-100m Back, 100% Best Times!

• Jasmine Lehta, 13 (Fonthill) = 9th-100m Breast, 11th-200m Breast

• Daniel Mateus, 13 (St. Catharines) = 12th-50m Free (WOSA Qualifier), 11th-100m Breast (WOSA Qualifier), 11th-200m Breast (WOSA Qualifier), 12th-100m Fly

The Garden City Aquatic Club (GCAC) earlier competed in the Mortgage Intelligence "Money" Meet in Waterloo.

The following are Garden City's top results:
• 58 Under Girls - Briana Brittain, 9 (St. Catharines) = 4th-50 Fly (WOSA Qualifier), 10th-100m Back, 4th-100m Breast, 9th-50m Free, 9th-50m Back, 9th-100m Free, 4th-50m Breast, 1st-200m IM

• 11 Year old Girls - Mara Di Persio, 11 (Fonthill) = 2nd-100m Back, 5th-50m Free (WOSA Qualifier), 3rd-400m Free (WOSA Qualifier), 3rd-200m Back, 4th-100m Free

• Paula Yabio-Suzuki, 11 (Welland) = 6th-100m Breast

• 12 Year old Boys - Anthony Korstange, 12 (Beamsville) = 6th-100m Back, 8th-100m Breast, 9th-50m Free

• 13 Year old Girls - Bailee Huebert, 13 (St. Catharines) = 6th-100m Back, 10th-100m Breast, 10th-100m IM, 6th-200m Back, 7th-50m Free (WOSA Qualifier)

• 13 Year old Boys - Daniel Mateus, 13 (St. Catharines) = 4th-100m Back, 1st-100m Breast, 2nd-200m IM, 3rd-100m Fly, 1st-200m Breast, 3rd-400m IM

■ sportsbriefs

CHARITY TOURNAMENT

PELHAM - Slo-pitch teams only have until today to register for this year's Jeannette Giammarco Memorial Charity Tournament.

C-coed D and E teams are eligible to participate as are D and E teams in the men's and women's divisions. Online registration for the tournament supporting cancer research is available at <http://www.slopitchinfo/tournament/alsplayfull.php?ip=37>.

Teams are guaranteed a minimum of three games in a competition taking place May 18-20 at Harold Black and Fonthill Lions parks in Pelham.

This is the seventh annual tournament honouring the memory of Jeannette Giammarco, an avid slo-pitch player who was 57 when she died of cancer.

All proceeds go to the McMaster Children's Cancer Ward and the oncology department at St.

Catharines General Hospital. More than \$10,000 has been raised since the tournament was first played on a weekend coinciding with Mr. Giammarco's birthday.

Players are asked to bring a pet food donation that will be turned over to the Welland Humane Society.

PLAY BALL!

WELLAND - Twenty-four high school baseball teams, including teams from E. L. Crossley and Notre Dame, are competing in the third annual New Era Niagara High School Classic which got underway Thursday at three ball parks, including two in Welland.

In addition to games at Burger Park and Welland, action in the three-day tournament takes place at Community Park in St. Catharines.

The region is well-represented in the tournament lineup with 34 teams from Niagara.

A.N. Myer, Centennial, E.L. Crossley, Lakeshore Catholic, Notre Dame, St. Michael and Saint Paul are the Zone 3 teams taking part with Blessed Trinity, Denis Morris, Eden, Governor Simco, Grimsby, Sir Winston Churchill and St. Francis the hometown hopefuls from Zone 4.

Teams are guaranteed three games, which is soon for local teams. Their regular season is limited to four games.

Saturday's championship games will be played at Welland Stadium.

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■ HUMOUR

What good are all these pills, anyway?

As a young man, Arn almost never took any kind of pill for any kind of thing. The only time he ever even considered the possibility was when he was into the fifth or sixth day of a severe cold. Even then, he might take a few whatever passed for Dristan tablets in those days and mostly just ride it out. For the flu, he would feel crappy for a day or two and then be back to normal — no pills, no big deal, maybe an Alka-Seltzer to settle the stomach.

His mother had to have given him some type of medicine when he got the measles and mumps, like every little kid did back then, but that would have been some (awful tasting) liquid concoction.

He remembers the doctor giving him a penicillin shot a couple times as a kid for something, but that's not what



Arnie Dyker

we're talking about.

We're talking about pills. He broke an ankle when he was seven and the other one when he was 19 — both of them due to stupidity, and there ain't no pill for that. Can't remember taking an aspirin, then, either — maybe at seven but certainly not at 19, when you're way too macho and way too stupid to take a painkiller for a little thing like a broken ankle.

Then, sometime in his 20s, he came dangerously close to taking a pill on a regular basis. It turns out that drinking too much cola and eating whatever you feel like whenever he urges him you

can lead to a thing called esophagitis — inflammation and irritation of the throat caused by "acid backup." The gawdawful experience that is acid reflux does account for the first of the medicinal pills he now takes regularly — "Gaviscon" — good stuff, glad to have you on board, not even really a pill, just a pressed powder.

After about the age of 30, his wife persuaded him that a multi-vitamin once a day was a good idea.

Then, gradually, television shows and magazine health articles combined to convince him that one vitamin D pill in the winter to top up the multi could only be a good thing; and year-round, maybe a hint of extra potassium, and possibly some bonus calcium, and then that had to be accompanied by some extra magnesium, and so on.

While not an endless list, or

an urgent one, it kept slowly growing, more so as he hit the half century mark.

Now we come to the late 50s stage where, if your body has not yet begun to misbehave, it will soon.

In Arnie's case that was when, taking hockey shots in his back yard, he discovered that his previously near-perfect lower back was no longer near-perfect. Ever since, he's found himself on a steady, if not huge, dose of anti-inflammatories, with the occasional genuine pain pill thrown in for when the back is in a foul mood.

These days, we throw in the B12 that his body is no longer producing up to snuff, and the genuine stomach pill he

needs to take because the anti-inflammatory pills annoy his sensitive tummy.

And, oh yeah, the pee-pills so that he doesn't have to get up six times a night to do that.

It isn't a truly impressive list — lots of folks, especially as they get older than "Old Arn" need to swallow a bit of pride along with a number of different medications for far more vital reasons.

As Arnie's mother-in-law once expressed in an act of defiance and frustration, "I'm gonna throw them all out! What do I need all these pills for?"

As Arn replied, rather nonchalantly considering the vigour of her protest: "Well, maybe to keep you alive."

And that's the crux of the question, "What good are all these pills?"

Yes, we do live in an overly medicated society. And yes, taking one pill does often mean having to take another to counteract the negative effects of the first, so you end up taking more and more of them.

But surely we have to accept as a given that, for the most part, the availability of all kinds of pharmaceuticals does help with a lot of whatever it is that ails you, especially as you get older....

And there is one other major benefit.

"The pill box."

see DYKER | page 18



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Delivery will follow every **Thursday**

Pelham NEWS

■ DYKER

The need for a pill box is inevitable

FROM PAGE 17

Sooner than you'd like, for most of us, the time will come when you're taking enough pills to need a pill box.

This fits beautifully with the fact that, when you get older, you are more likely to retire from work. You are also

more likely to wear a nice old fashioned watch on just the two hands on it to tell you the time. You are, in addition, much more likely to have newspapers spread all over the house, ranging from today's backwards into last week's, because you, "Never got a chance to finish the

crossword, the sports section, the weekend — too busy."

So now you're confused. No idea what day it is. You go to your pill box.

You look it over carefully. You check what was the last day that you took your pills — it's all laid out, Sunday to Saturday — that's the point of

the box, so you don't forget.

And Voilà! It is now safe for you to go out to the mall, because, when some young punk asks you, as they surely will, "Hey, old-timer, what day is it?" you can confidently, even derisively, reply: "It's Friday, ya little bleep!"

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LIBRARY EVENTS

THE SUMMER LEARNING GAP FOR CHILDREN WITH LEARNING DISABILITIES

Do you have bright child who struggles with their reading? Do you suspect a learning disability? Ashley Short B.Ed., M.A., Executive Director of the Learning Disabilities Association of Niagara Region will speak on how to support children with learning disabilities (no diagnosis required) during the summer vacation. May 14 from 7-8 p.m. Free. Please register ahead.

AUTHOR VINCENT LAM, GILLER WINNER

Pelham Public Library is on the official book tour for The Headmaster's Wager. Vincent Lam's highly anticipated novel, about a Chinese compulsive gambler and headmaster of an English school in Saigon during the Vietnam War. Bloodletting and Miraculous Cures won the 2006 Scotiabank Giller Prize and was broadcast on HBO as a series. Lam is from the expatriate Chinese community of Vietnam, and was born in Canada. Lam did his medical training in Toronto where he works as an emergency physician. Wednesday, May 16 at 7:30 p.m. Advanced Tickets: \$40 includes a signed book and wine and cheese reception. \$50 at the door. Space is limited. Sponsored by Henry of Pelham.

SAFE CYCLING FOR FUN AND HEALTH

Starting to ride a bicycle? Getting back into cycling? Want to ride with greater confidence? A new organization called BikeNiagara has developed a program called Safe Cycling for Fun and Health that is offering a series of free educational sessions that may be right for you. "Cycling Safely" teaches participants how to ride in traffic, respond to different road situations and provides key safety tips. This program has been implemented to help achieve BikeNiagara's goals of encouraging more cycling at all interest and competence levels by improving the capability of cyclists. For teens and adults. Families welcome. May 22 at 7:30 p.m. \$2. Please register ahead at Pelham Public Library.

MAKE A FRILLY SCARF

If you can learn to be your shoe, you can learn how to make a gorgeous frilly scarf. No knitting skills required. Wednesday, May 23 from 2 p.m.-3:30 p.m. \$22 includes materials. Register ahead in person.

MARRIAGE & FINANCE 101: ENGAGED TO NEWLYWED

Thinking about getting married, or are you just newly married? This session is for you! When two people unite, there are some critical financial issues to consider. Come join us for this enlightening seminar that will get your marriage off to a good start financially! Free. Please register ahead. Wed. May 23 at 7 p.m.

PELHAM PUBLIC LIBRARY MAPLE ACRE FRIENDS' 22ND ANNUAL BBQ

Hamburgers, hot dogs, homemade pies! Come for supper, meet your friends and enjoy the Fenwick Lions' Club Parade beginning at 7 p.m. Friday, May 25, 2012 from 6-7 p.m. at Maple Acre Branch, 781 Canboro Rd., Fenwick. Proceeds to Maple Acre Branch

HEARING CLINIC

Connect Hearing will be at the Fonthill Branch giving free hearing screenings. They will also be able to answer any questions. Free but please schedule your appointment ahead at: 905-892-6068. Monday May 28 from 10 a.m.-1 p.m..

Arthur Atwill Memorial WOOF Golf Tournament for the Welland & District SPCA Sunday, May 27, 2012 Whisky Run Golf Club Port Colborne

EARLY BIRD DRAW!!

Register by May 6th to win one of five
Golf 'n' Ride 18-holes for 2

18 HOLES = 11:00 a.m.

\$85 - or - \$60 for Whisky Run Members
Riding Cart is included with 18 holes

9 HOLES = 1:30 p.m.

\$55 - or - \$35 for Whisky Run Members

BBQ DINNER = 5:00 P.M.

Registration Deadline May 18th

FEATURING

- ◆ Men's, Ladies, & Mixed Divisions - regular 4 person scramble format
- ◆ Awards, draws, gift for every player!
- ◆ MC: Brian Salmon from **GOAL 317** since 1994



In honour of Mr. Arthur Atwill, his vision and sincere dedication to help the animals, all proceeds to the Welland & District SPCA serving Welland, Haldimand, Pelham, Port Colborne, Wainfleet & West Lincoln

YOUR SUPPORT WILL SAVE LIVES ... THANK YOU!!

Donor cheques to be made payable to the Welland & District SPCA

INFORMATION & REGISTRATIONS AVAILABLE FROM:
Whisky Run Golf Club
• 905-835-68
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• 905-835-1243
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Licensed Machinist/Millwright

Candidates must have the ability to organize, lay-out work, set up and operate all shop and field machinery, fit, align, test mechanisms and adjust machinery to very close tolerances in the shop or field as well as dismantle, repair or renew parts while completing the required job reports. A solid understanding of safety regulations and good work practices is also required. The ability to prepare or manufacture babbit bearings would be a definite asset.

Licensed Electrician

Candidates must have the ability to organize and layout work, assemble, install, adjust and test electrical and related components and be able to maintain and install electrical equipment in the marine and industrial field with minimum supervision as well as have familiarity with all aspects of troubleshooting and repair of equipment including electronic controls. Individuals must have the ability to complete job reports and assist in the training and instructions of fellow employees. A solid understanding of applicable safety regulations and good work practices is also required along with an Electrician, Construction and Maintenance 309A license.

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Candidates must be proficient in operation and hoisting procedures in order to carry out all hoisting operations in the shop or field as may be assigned while keeping up to date maintenance logs. The ability to assist in repairs to cranes and a solid understanding of applicable safety regulations and good work practices is also necessary. A Hoisting Engineer's Mobile Crane 338A license and a Class "A" driver's license is required. If you have a highly motivated team attitude and want to embark on exciting and challenging career opportunity, please submit your resume in confidence to:



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The ideal candidate for this position will have a Post Secondary education or equivalent, along with 3 to 5 years experience supervising in a unionized environment. The candidate will have a high degree of computer literacy (e.g. Microsoft Word and Excel, and the preparation of technical documents and specifications) as well as experience in preparing job estimates and final reports. As well, the candidate will have a proven track record of accuracy, organization and prioritization skills combined with high levels of initiative, self motivation and demonstrated excellence in customer service that are required in order to effectively manage this fast-paced multi-task environment. Preference will be given to those with experience in the Marine/Ship Repair industry.

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FRESH

**BONELESS SKINLESS
CHICKEN BREASTS****1/2 PRICE**
3⁹⁹
lb.
3 pkg. limit

CUT FROM CANADA AAA BEEF

**BONELESS
SIRLOIN TIP ROASTS****SAVE \$2⁰⁰ LB.**
3⁹⁹
lb.CUT FROM CANADA AAA BEEF
EXTRA LEAN
GROUND BEEF**SAVE \$2⁰⁰ LB.**
2⁹⁹
lb.**DELI Specials**Piller's
BLACK FOREST
HAM**SAVE \$2⁰⁰ LB.**
3⁹⁹
lb.

Country Meats

BEEF
PASTRAMI**SAVE \$2⁰⁰ LB.**
4⁹⁹
lb.

Salumeria Deluxe

MOZZARELLA
CHEESE**SAVE \$2⁰⁰ LB.**
5⁹⁹
lb.CUT FROM CANADA AAA BEEF
BONELESS CAPLESS
TOP SIRLOIN STEAK**SAVE \$2⁴⁰ LB.**
6⁹⁹
lb.**PUPPO'S MEDIUM GROUND
BEEF PATTIES**3.5 OZ.
Ideal for
BAR-BQ **\$1**
EACH**WONDER + BREAD
WHITE OR 100% WHOLE WHEAT****1/2 PRICE**
1⁷⁹
6 Loaf Limit**Sealtest
CHOCOLATE MILK****1 LITRE
CARTON**
\$1

4 Carton Limit

**CANADA DRY GINGER ALE
A&W ROOT BEER**Case of 12
3/\$10
Regular or Diet**Royale
FACIAL TISSUE**
Box of 88 or 132**\$1****BRAVO
SPAGHETTI SAUCE****680 ml
can**
\$1**HEINZ
BEANS**14 oz can
\$1**S.O.S.
SOAP PADS**
pkg of 10**1/2 PRICE**
\$1**NO. 1 GRADE ONTARIO
BEEFSTEAK TOMATOES****99¢**
lb.**FRESH CUT
SEEDLESS WATERMELON****89¢**
lb.**NO. 1 GRADE ONTARIO
First of the Season
ASPARAGUS****1⁹⁹**
lb.**NO. 1 GRADE GEORGIA
VIDALIA SWEET ONIONS****99¢**
lb.**NO. 1 GRADE CALIFORNIA
BROCCOLI****\$1**
bunch